**Preparing for the Outdoors**

Plants and animals need food, air, water, and shelter to live healthy lives. Everyone makes or finds these things in different ways - even humans. Think about a plant or animal that lives around your home or in your neighborhood.

**What does the plant or animal that you are focusing on need to live a healthy life? Draw or write some ideas in the boxes below:**

|  |  |
| --- | --- |
| Food | Air |
| Water | Shelter |

**Preparing for the Outdoors**

Now think about your family.

**What does your family need to live a healthy life? Draw or write some ideas in the boxes below:**

|  |  |
| --- | --- |
| Food | Air |
| Water | Shelter |