



What “Should We” Do?

Exploring your family’s daily decisions.

In this activity, your family will reflect on all the daily decisions you make, especially ones you might not think about very much. This activity is intended to help your family explore how we are interconnected and how our decisions may have impacts on or be impacted by others. Use the sheet below or make your own chart with the following four dimensions. Log as many decisions as you can across your day. You can just log the decisions and then reflect on the questions at the end of the day.

Daily Decision Log

What was the decision?	Why was the decision made? What was the goal or purpose?	Who or what was impacted by the decision?	Who was involved in making the decision?



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